



Ref: 024/2026

9 January 2026

Dear Parents/Guardians,

MOE SEXUALITY EDUCATION IN SCHOOLS

Sexuality Education (SEd) in schools is about enabling students to understand the physiological, social and emotional changes they experience as they mature, develop healthy and rewarding relationships including those with members of the opposite sex, and make wise, informed and responsible decisions on sexuality matters. SEd is premised on the importance of the family as the basic unit of society. This means encouraging healthy, heterosexual marriages and stable nuclear family units with extended family support. The teaching and learning of SEd is based on respect for the values and beliefs of the different ethnic and religious communities in Singapore on sexuality issues.

2. The Goals of Sexuality Education are:

- (i) To help students make wise, responsible and informed decisions through the provision of accurate, current and age-appropriate knowledge on human sexuality and the consequences of sexual activity;
- (ii) To help students know themselves and build healthy and rewarding relationships through the acquisition of social and emotional skills of self-awareness, management of their thoughts, feelings and behaviours, development of empathy for others, possession of effective communication, problem-solving and decision-making skills; and
- (iii) To help students develop a moral compass, respect for themselves and' for others as sexual beings, premised on the family as the basic unit of society, through the inculcation of positive mainstream values and attitudes about sexuality.

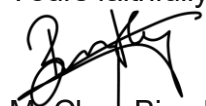
3. The key messages of Sexuality Education are:

- (i) Love and respect yourself as you love and respect others;
- (ii) Build positive relationships based on love and respect (which are the foundation for strong families);
- (iii) Make responsible decisions for yourself, your family and society; and
- (iv) Abstinence before marriage is the best protection against STIs/HIV and unintended pregnancies. Casual sex can harm and hurt you and your loved ones.

4. Please visit the school's Sexuality Education webpage (<http://kemingpri.moe.edu.sg/keming-grow/sexuality-education>) for more information on **Kerning Primary School's Sexuality Education Programme for 2026**.

5. Please click the relevant button below to **indicate your Acknowledgement via Parents Gateway by Friday 30 January 2026**. Parents need to print, complete and submit the Parent Opt-out Form only if you choose to opt your child out of the Growing Years programme.

Yours faithfully,


Mr Chen Bing Hong
Principal

克明小学
KEMING PRIMARY SCHOOL



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**MOE SEXUALITY EDUCATION IN SCHOOLS
PARENT/GUARDIAN OPT-OUT FORM**

*[To be completed only by parents/guardians who choose to opt
their child/ward out of the Growing Years programme]*

To: Mr Chen Bing Hong, Keming Primary School

Dear Principal,

1. I would like to withdraw my child/ward, _____
(Full Name of Child/Ward)
of _____ from Sexuality Education lessons for 2026.
(Form Class)

2. My reason(s) for my decision to opt my child/ward out of the programme:

- ☐ Religious reasons [State religion: _____].
- ☐ My child/ward is too young.
- ☐ I would like to personally educate my child/ward on sexuality matters.
- ☐ I do not think it is important for my child/ward to attend Sexuality Education lessons.
- ☐ I have previously taught my child/ward the topics in the GY Programme for this year.
- ☐ I am not comfortable with the topics covered in the GY Programme for this year.
- ☐ Others: _____

3. Thank you.

Parent/Guardian's Name & Signature _____

Parent/Guardian's Email address _____

Parent/Guardian's Contact No. (hp) _____

Child/Ward's Full **Name** _____

Child/Ward's **Class** _____

Date _____

Please complete and submit this Parent/Guardian Opt-out Form, if relevant, to your
child/ward's form teacher by **Friday 30 January 2026**.